

Race letter for the Westonbirt House Summer 10k Friday 22nd July 2022

It's race time with DB Max folks! We're very excited to bring you the sixth running of the Westonbirt House 10k at this beautiful Gloucestershire venue.

Race Venue

Race HQ will be in the main house at Westonbirt School which is located off the A433 - Postcode for satnavs is GL8 8QG.

Access will be through the main gates. The venue will not be open until 17:15, so no access will be available prior to this.

Parking

On arrival, ample free parking is available in the school grounds. Please follow instructions from the parking attendants and then follow the signs to Race HQ.

Registration

Race numbers and timing chips will be collected from the registration desk. Please attach your race number to your front while racing so that it can be clearly seen - race belts may be used if required.

Please note that bibs, chips, race lists and all literature have gone to print, and no transfers, refunds or deferrals are available at this stage.

Timing Chips

Your timing chip will be incorporated in to your race bib. Please do not remove it, fold it or put pins through the timing chip itself – please watch the chip fitting instruction video [HERE](#).

The timing chips will ensure that your finish results (as well as lap times) are collected by **DB Max Sports Timing**.

Remember - **no timing chip, no results**.

Bag Drop

There will be a bag drop at this event, though we do encourage you to keep personal belongings in your car.

Pre-Race Briefing

There will be a pre-race briefing approx. 10 minutes before the race start outside registration.

Start Times

The race start will be prompt at **19:30**.

Race Route

The run route is two laps of approximately equal distance (total distance is exactly 10k). The race starts at the front of the house and heads through the school grounds until a right turn on to a quiet country road. Please take care when running on all roads, remembering the highway code at all times. At the end of the first and second lap you run through the beautiful Westonbirt House Gardens. Please take care running through this area in case of an occasional low branch or slippery surface. Please also take care at the one small set of steps to descend in the gardens.



Finish

The finish straight is a spectacular stretch in the house gardens, culminating in a finish line directly outside the Westonbirt House.

There are a number of steps to ascend as part of the finish straight - it is runners' responsibility to take the necessary care on these steps. Please ascend carefully and with due care noting that runners can be tired at the finish of a 10k run.

A small version of the route is pictured below and can also be viewed in full by clicking on the map.



IPods and MP3 Players

Competitors are permitted to wear iPods or MP3 players, but they must be at a level where marshal instructions can be heard and motorists can also be heard.

DB Max Sports Timing

DB Max Sports Timing will be producing live race results. You can follow the results live on the day [HERE](#) and on also via our smart phone results app available at the same link.

Presentations and Awards

There is no presentation on the day and competitors will be emailed details of their prizes in the days after the event.

Awards will be presented as follows:

Overall: 1st, 2nd & 3rd M & F

Vet 40-49: 1st M & F

Vet 50-59: 1st M & F

Vet 60-69: 1st M & F

Vet 70+: 1st M & F

Refreshments

The bar will be open before and after the race. The bar is open to all competitors and spectators from 17:30 (this is at the finish area at the back of the house), tea and coffee will also be available.

Toilets and Showers

Toilets for runners will be located to the side of the house. There are also a number of toilets, changing facilities and showers available at the leisure centre if required. The leisure centre is a 5 minute walk (550m) from Westonbirt House.

Water Station

There will be 1 water station on route at 5k. If you do need to use a water station, then you must follow marshal instructions. There will be hand sanitiser available at the water station. When you collect your water you must move away from the water station and take on your fluid. When you have finished you **MUST** place the cup in the bins provided as you are not permitted to run with the cup.

Pacers

There will be pacers at this event with the following times.

40/42/45/48/50/52/55/58/60/62/65/70/75 minutes. Pacers will be identifiable from the flags they will be wearing.

Cut Offs

There is no official cut-off for the event, however you will be expected to complete the event in less than 1 hour 30 minutes in total. In the unlikely event that an event manager deems that you are not fit to continue they will remove you from the event.

Litter

Littering is obviously not acceptable at any time. If you use gels you must return to the finish with the wrappers and take your litter home with you, if you can carry a full gel, you can certainly carry an empty one. Littering incurs immediate disqualification.

Race Photography

Charles Whiton Photography will be on site taking photos from the day. These are available to buy after the event. Please feel free to smile for the camera and make sure your race bib is clearly visible. You will be able to view your photos on your individual results page once the photographer has uploaded them to his site. The bib recognition means you can access your own photos quickly and easily.

Marshals

As with all DB Max races we could not hold the event without the help of all the marshals. Please thank them where possible. If you have any family or friends attending why not ask them to get involved – they will have great fun and will also earn a free entry to a similar DB Max event. If you are interested in helping out please email james@dbmax.co.uk.

Finally, thank you for your race entry and good luck with your final race preparations. We look forward to seeing you at Westonbirt on Friday 22nd July!
