



Race letter for Hair of the Dog Trail Run, Monday 3rd January 2022

It's time for the second running of the Hair of the Dog Trail Run DB Maxers. This race letter includes all the details for race day in Chippenham.

Race Venue

Race HQ will be in Charter Park (near Rowden Lane). Rather than a postcode for this, we would encourage you to use the APP What3Words. This is an excellent app at sending you straight to a specific location. The APP is available for Android and iPhone. The What3Words location is **year.audit.speeds**, please DO NOT park on Rowden Lane, this is a private road.

If you click [HERE](#) it will show you the location and give options on how to get directions to this location.

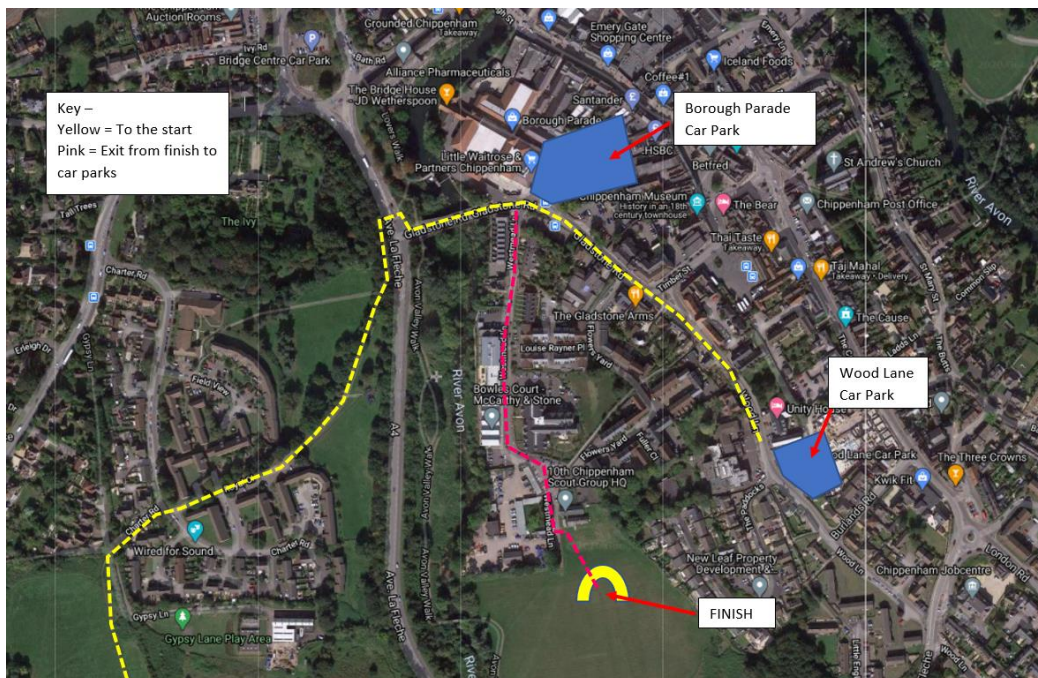
Covid-19

We must all follow the Government guidelines that will be in place on the day. We currently know the same information as you and are not sure if there will be new restrictions before race day. In the event of any new restrictions you will be emailed with the details of what we need to do, whether it be staggered starts as we have done previously or anything else the Government deem necessary.

Parking

There is no onsite parking at this event. However, with the event being based in the heart of Chippenham there are plenty of car parks available just a short 10 to 12 minute walk from the start (please follow orange or pink arrows when you are close to the venue). Below are a selection of maps showing the site of the car parks and also the route to the race venue. For information, postcodes are as follows:

- Borough Parade Car Park, Gladstone Rd – SN15 3YY – What3Words - [tried.diner.oils](#)
- Wood Lane Car Park, Wood Lane, Chippenham, SN15 3DR – What3Words - [clay.armed.discouraged](#)





Registration

Registration is open from 09:00 to 09:45

Race numbers and timing chips will be collected from the registration desk. When queuing to collect your race bib, please wear a face covering. Please attach your race number to your front while racing so that it can be clearly seen - race belts may be used if required.

Please note that bibs, chips, race lists and all literature have gone to print, and no transfers, refunds or deferrals are available at this stage.

We ask that all competitors fill in the back of their race bib with their emergency information. This information is invaluable in the unlikely event of an incident. It takes just a minute to fill it in and helps the medics in the event of an incident.

About your timing chip

Any mats crossed prior to race start will be ignored but you cannot lose the chip if it is on your ankle.

The timing chips will ensure that your finish results (as well as splits and lap times) are collected by **DB Max Sports Timing**.

Remember, **no timing chip, no results**.

Please deposit your timing chip in the designated bin in the finish funnel immediately at the end of your race. **You must return your timing chip as soon as you finish** (even if you do not complete your race). Lost and unreturned timing chips will be invoiced at **£55 each** so please remember to hand it back.

Start Times and Mandatory Pre-Race Briefing

Start times:

Hair of the Dog - 10:00

There will be a quick race brief at the start line, but you will be sent **a full race video briefing** next week which is compulsory to watch before race day.

Run Route

The run route is one lap of just under 8 miles. The race starts in Charter Park in the heart of Chippenham. From the start the route heads out on to the footpaths towards Lacock. Before reaching Lacock competitors will turn left over the river in the village of Reybridge. From here competitors will follow the Wiltshire and Berkshire Canal and the Avon Valley Walk back to Westmead Playing Fields and the finish.

The route is primarily on the public footpaths and trails around Chippenham and Reybridge, it covers farmland, trails and a few short sections of road. On the footpaths, please look out for walkers, dog walkers and cyclists at all times. On the short road sections, please adhere to the Highway Code at all times.

The weather has been somewhat wet recently so the route is wet and muddy (part of the fun). Please ensure you wear the correct footwear and also have a change of clothes and footwear available for when you finish.

A small version of the route is pictured below and can also be viewed in full by clicking on the map (whilst connected to the internet).



Finish

When you are approaching the finish of your event, please bear right in to the roped and finish under the arch.. You will be able your medal after finishing. Please follow instructions from marshals.

When you have collected your medal you will be able to rest and recover.

The finish location is [HERE](#).

Please note that if the weather is very bad and the river is flooded, it may be necessary to move the finish, and this would then not be in Westmead Playing Fields, but in Westmead Open Space. If this is the case we will send details of this location the day before the event.



Spectators

Spectators are permitted at this event. We would encourage people to spectate from Charter Park where you can see the start, and then head to Westmead (just over the river, approx. 15 minutes walk).

Dogs

Dogs are permitted with spectators at this event, **but please keep them on a lead** at all times and any mess must be cleared up immediately. Please note that you are not permitted to run with your dogs.

Water Station

There will be 1 water stations on route at 3.5 miles. If you do need to use a water station, then you must follow marshal instructions. There will be hand sanitiser available at the water station. When you collect your water, **you must move away from the water station** and take on your fluid. When you have finished you **must place the cup in the bins provided** as you are not permitted to run with the cup.

Cut Offs

There is no official cut-off for the event, however you will be expected to complete the event in less than 2:10. In the unlikely event that an event manager deems that you are not fit to continue, they will remove you from the event.

Litter

Littering is obviously not acceptable at any time. If you use gels you must return to the finish with the wrappers and take your litter home with you, or place it in a bin. Littering incurs immediate disqualification.

Race Photography

Charles Whiton Photography will be on site taking photos from the day. These are available to buy after the event. Please feel free to smile for the camera and make sure your race bib is clearly visible. You will be able to view your photos on your individual results page once the photographer has uploaded them to his site. The bib recognition means you can access your own photos quickly and easily.

Presentations and Awards

Awards will not be presented on the day and details of prizes will be emailed to any winners. There will be awards as follows in both events:

Overall: 1st, 2nd & 3rd M & F

Vet 40-49: 1st M & F

Vet 50-59: 1st, M & F

Vet 60+: 1st M & F

iPods and MP3 Players

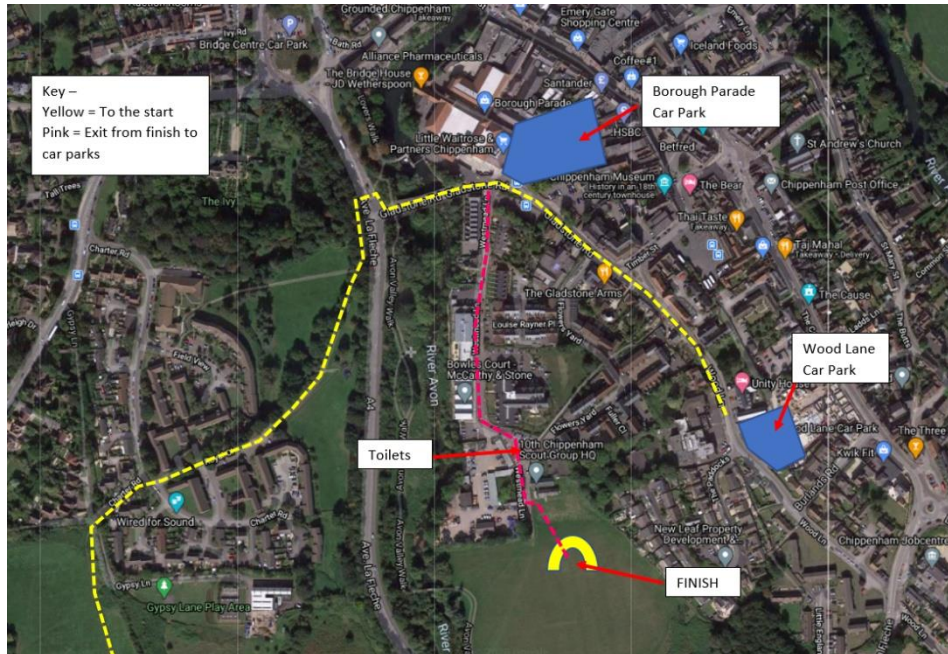
Competitors are permitted to wear iPods or MP3 players while they are racing, please ensure that volumes are kept to a level where you can hear marshals' instructions.

DB Max Sports Timing

DB Max Sports Timing will be producing the race results including splits and laps. You can follow the results live on the day at dbmaxresults.co.uk via your smart phones.

Toilets

Toilets will be available for all competitors near the finish, these are easily accessible from the car parks before heading to the start (please follow pink line on the map below). When using the toilets please use the hand sanitiser provided before entering, then wipe the toilet down after use with the disinfectant wipes and flush them away. When leaving the toilet please ensure you again sanitise your hands. No showers are available at the event.



Marshals

As with all DB Max races we could not hold the event without the help of all the marshals. Please thank them where possible. Marshals receive a free entry to a future DB Max event. If you are interested in marshalling, please email james@dbmax.co.uk.

Finally, thank you for your race entry and good luck with your final race preparations. We look forward to seeing you in Chippenham on race day!