RACE LETTER FOR THE BATTLE OF LANSDOWN OCR
SATURDAY 30TH MARCH 2019

It’s time for DB Max OCR Events very first event, the amazing Battle of Lansdown and we are super excited to be bringing this event back to you.

This race letter includes all the details for race day at this superb, traffic-free venue. Please ensure that you bring the fully completed signed waiver and your race number with you. You cannot participate without it.

The event will involve lifting, pushing, pulling, climbing and being at height. You do not need to complete an obstacle if you do not wish to. Marshals are in place monitoring obstacles only and not assisting participates.

**RACE VENUE**

The race venue is Manor Farm, Upton Cheyney, Bitton, Nr Bristol, BS30 6NQ for directions to the venue, please click here. The postcode for Sat Navs is BS30 6NQ.

**CAR PARKING**

On arriving at the venue, please use the main farm entrance and park as directed by the attendants. Access to the venue will be from 07:45. Please ensure you arrive in plenty of time and drive with due care and attention through the village. **The cost per car for car parking is £5.** We can only accept cash, so please have it available and ready to pay as you arrive. Part of this cost will be donated to Wiltshire Air Ambulance.

**REGISTRATION**

Registration is open from 8am and you need to ensure you have registered at least 30 minutes before your wave start time. Registration is a 5 to 8-minute walk from the car park. Please follow the signs provided and take care whilst crossing the road in to the main field where the main arena is located.

At registration you will receive 2 bands, one for your wrist and one for your bag. Please affix as follows:

- **Competitor band** – Please attach to either wrist. Anybody that is not wearing a wrist band will not be allowed to enter the warm up pen. All bands will be checked for the correct wave before admittance. Your wave number is the first number on your band. For example, race number 469 is wave 4.

- **Baggage band** – Please attach to your bag if using the bag drop service. Your wristband will be used to identify your bag on collection.

You will also receive a **timing chip**, please attach this firmly to either ankle as soon as you receive it.

Please note that bibs, chips, race lists and all literature have gone to print, and no transfers, refunds or deferrals are available at this stage.

**TIMING CHIPS**

The timing chips will ensure that your finish results (as well as splits and lap times) are collected by the system. Remember, no timing chip, no results. Your timing chip must be firmly attached to your ankle using the Velcro strap provided. You must hand your timing chip back in when you finish the event or if you DNF.

**DAY ENTRIES**

Day entries will be available at a cost of £65.00 for adults and £25.00 for children. Currently the first available wave for adults is at 11.10 and 15.00 for children aged 9-16 years old.

**MANDATORY PRE-RACE BRIEFING**

There will be a briefing in the warm up pen approx. 15 minutes before your wave start.
**Wave Start Times**

You will have now received your wave start time. Please ensure you are in the start pen 15 minutes before your wave starts. Please note that you can not change your wave at this time.

**ROUTE**

The race starts and finishes in the main arena. The route is approx. 10k and you can find a full copy of the route at the bottom of this email or online [HERE](#).

**Sponsors**

We would like to thank our sponsors, Big Bobble Hats and Pulsin.

**Battle of Lansdown Merchandise**

If you require a muck free memento then we have hoodies £32.50, adult t-shirts £15.50, children’s t-shirts £12.00, buffs £6.50 and beanie’s £11.50 for sale on the day. All pre-orders can be collected at registration.

**Charity Partners**

Wiltshire Air Ambulance provide an essential Helicopter Emergency Medical Service (HEMS) for anyone who lives, works or travels in Wiltshire and the surrounding counties. Wiltshire Air Ambulance is available up to 19 hours a day, 365 days a year. It is a charity and relies almost entirely on public donations to raise the £3.25 million a year to keep the air ambulance operational. Our generous DB Maxers have currently raised over £3000 in donations this year.

**Nutrition Partner**

The wholesome Pulsin bars will be on hand to fuel DB Maxers at the finish line. The place to look for a special post-race treat!
#battleoflansdownselfie

We'll have a #battleoflansdownselfie competition. There will be a couple of selfie boards site and everyone that posts a photo to Twitter or Instagram with the hashtag #battleoflansdownselfie will go into the draw for…. wait for it, free entry to the next DB Max OCR event.

#bottleoflansdown

We don't just have one competition…..but 2!!! At the finish line you will be greeted with a bottle of our very own Muddy Monk beer. Your medal luckily consists of a bottle opener (we think of everything!), so what we would love to see is the best photo of you with your beer and bottle opener. Post a photo to Twitter or Instagram with the hashtag #bottleoflansdown. The winner will receive a free entry to the next DB Max OCR event. We haven’t forgotten about the juniors and they will receive a non-alcoholic beverage to quench their thirst at the finish.

Go-Pro's

The use of Go-Pro’s and other recording devices is permitted; however, DB Max OCR Events takes no responsibility for any loss or damage to the devices.

DB Max Sports Timing

DB Max Sports Timing will be producing the race results. You can follow the results live on the day HERE.

Refreshments

There will be several stalls at the event selling an extensive range of drinks, hot food and refreshments. There will be a finish marquee in the main arena which will be a focal point of the event where the concession stands are.

Toilets and Changing

There will be portable toilets on site for use before and after the event. Changing facilities are also available and will be signed for competitors.

Bag Drop

A bag drop facility is provided free of charge. Please ensure you place your baggage in this area well before your wave start time and use the band you were provided at registration to identify your bag on collection.

Event Photography

Event day photography is provided free of charge. Photos will start to be posted on the DB Max OCR Events Facebook the day after the race.

Finally, thank you for your race entry and good luck with your final race preparations. We look forward to seeing you at the Battle of Lansdown on event day for some fun and muddy action!
In respect of ‘The Battle of Lansdown’ an obstacle course race held on 30th March 2019 (“the Event”)

Organised by DB Max Limited (“DB Max”) of Unit B2, Ashville Centre, Commerce Way, Melksham SN12 6ZE

Participation in the Event is only permitted once a signed and dated copy of this waiver has been received by DB Max. Failure to do so will result in removal from the Event without refund.

1. I confirm that I am 18 years old* or over on the day of the event and I understand that the Event is a hazardous activity and may result in serious injury or even death. I understand that the Event represents extreme obstacles including, but not limited to mud pits, military climbing walls, high-drop balance beams, cargo climbs, steep and unlevelled hills and water. I assume all risks associated with competing in the Event including, but not limited to: completing all obstacles, falls, contact with other participants, negligent or wanton acts of other participants, any defects or conditions of premises, and the effects of weather including high heat and/or humidity, all such risks being known and appreciated by me. I agree and accept that some of the Event obstacles may go through water that has not been tested for chemicals, disease, wild animals, insects, snakes, sharp or hurtful objects, shallow depths, or any contamination whatsoever.

2. I knowingly and freely assume all risks aforementioned, both known and unknown and I hereby indemnify, release and hold harmless DB Max, their employees and agents, the venue and any other participants from all liability, damages, actions, claims, expenses and demands in relation to any damage or loss, litigation expense, legal fees, liability, damage, award or cost, of any form or type whatsoever.

3. Nothing in this Waiver shall exclude or limit the liability of DB Max for death or personal injury caused by DB Max’s negligence, for fraud or fraudulent misrepresentation, or for any matter for which it would be illegal for DB Max to exclude or attempt to exclude its liability.

4. I understand that many if not all water pools and mud pits at the Event are shallow and agree not to dive or jump into any water or mud pit and I will never enter any mud or water pit head first.

5. I agree that DB Max is not responsible for any personal item(s) or property that is lost or stolen at the Event.

6. I confirm that I am physically and mentally capable of competing in the Event and confirm that I am not suffering from any medical and/or physical and/or mental limitation or condition (including, but not limited to: heart complaints, diabetes, asthma, back or neck problems, epilepsy, any allergies or skin complaints, migraines, phobias and or panic attacks). I further confirm that I am not pregnant nor am I suffering from any broken bones and/or serious muscles sprains and/or strains nor am I suffering from any illness or disability which might affect my participation in the Event. If I am suffering from any medical and/or physical and/or mental limitation or condition and/or illness and/or disability and/or I am pregnant, then I confirm that I have made DB Max aware of this and confirm that I have sought medical advice and secured written medical approval in relation to my participation in the Event.

7. I agree not to consume alcohol prior to or during the Event or ingest any medicines or substance that will inhibit my mental or physical ability to safely and effectively participate in the Event.
8. I agree to abide by any decision of an Event official relative to my ability to safely compete in the Event.

9. I consent to emergency medical care and transportation in the event of injury to me or to obtain any treatment medical professionals may deem appropriate. This release extends to any liability arising out of or in any way connected with the medical treatment and transportations provided in the event of an emergency.

10. I agree to and will abide by all requirements that no wheeled baby conveyances, pets, or other wheeled means of conveyance are permitted specifically within the Event obstacle course route.

11. I understand that DB Max reserves the right to cancel or modify any obstacle if it feels such conditions create an unsafe event.

12. I agree and understand that I am expected to exhibit behaviour that is appropriate at all times and to obey all laws in force at the time of the Event. This includes, generally, respect for all people, equipment, and facilities. DB Max may remove me from the Event without refund, should a DB Max representative believe that my behaviour endangers or may endanger the safety or negatively affect a race, person, venue, or property of any kind.

13. I consent to my likeness being used for filming and/or photography by the organisers and/or their agents in any future advertising or promotion.

14. I hereby acknowledge that information collated on the Registration Forms submitted by me may be shared with such persons and organisations as may be involved by DB Max in the planning and/or staging of the Event including but not limited to the Event’s medical team. The information you provide on this form will be held in accordance with all applicable data protection laws.

15. This document is constructed in accordance with English Law and the courts of England shall have jurisdiction to settle any claims that may arise in connection with it.

16. In the event that any provision of this agreement is declared to be void or unenforceable that provision may be severed and the remaining provisions shall remain in full force and effect.

I have read and understood all of the above and I sign freely below.

* If I am under the age of 18 on the event day I will have a responsible parent or guardian sign the waiver of responsibility on my behalf.

Name: ...........................................................................  Signed:.............................................................

Date: ..............................................................................