

## Race letter for the Westonbirt House Christmas 10k Saturday 30<sup>th</sup> December 2017

It's race time with DB Max folks! We're very excited to be bringing you this festive event at the beautiful Gloucestershire venue. **The Westonbirt House Christmas 10k** will be sponsored by **Specsavers of Cirencester**.

We would like to thank our runners for their recent support whilst we rescheduled the race after the snow forced a postponement on Sunday 10<sup>th</sup> December. It's been an uncharacteristically hectic month for us as a result, but we are now all set to deliver a top-draw Christmas run, following the hard work of the team. We can confirm that we are not in control of the weather, but some of the staff have now had a word with the man upstairs as we don't ever want to have to postpone a DB Max event again...!

### ***Race Venue***

Race HQ will be in the main house at Westonbirt School which is located off the A433 - Postcode for satnavs is GL8 8QG.

Access will be through the main gates. The venue will not be open until 10:00 so no access will be available prior to this.

### ***Parking***

On arrival, ample free parking is available in the school grounds. Please follow instructions from the parking attendants and then follow the signs to Race HQ.

### ***Race Packs***

Your race packs have been posted to you and will be with you by now. If you have not received it and reported it you will pick up your new pack on race morning from Race HQ. Those who have transferred from another runner since the postponement of the race on 10<sup>th</sup> December, will also be able to pick up their race pack at Race HQ on race day morning.

When you receive your race pack it will contain your bib number with incorporated timing chip. Please fit the bib to your front while running, as per the chip fitting video below. Race belts may be worn, but only if the bib is fitted and shows as per the video.

### ***Timing Chips***

Your timing chip will be incorporated in to your race bib. Please do not remove the chip, fold it or put pins through it – please watch [the chip fitting instruction video here](#).

The timing chips will ensure that your finish results (as well as lap times) are collected by **DB Max Sports Timing**.

Remember - **no timing chip, no results**.

### ***On the day enquiries***

There will be an enquiry desk in Westonbirt House open from 10:00 until 11:45. On the day collections, uncollected race packs and general race enquiries will be handled here.

### ***Mandatory Pre-Race Briefing***

There will be a mandatory pre-race briefing for all competitors, 10 minutes before the race start in the gardens at the back of the house. In the event of bad weather the pre-race briefing will take place in the bar area.



### ***Start Times***

The race start will be prompt at **12:00**.

### ***Race Route***

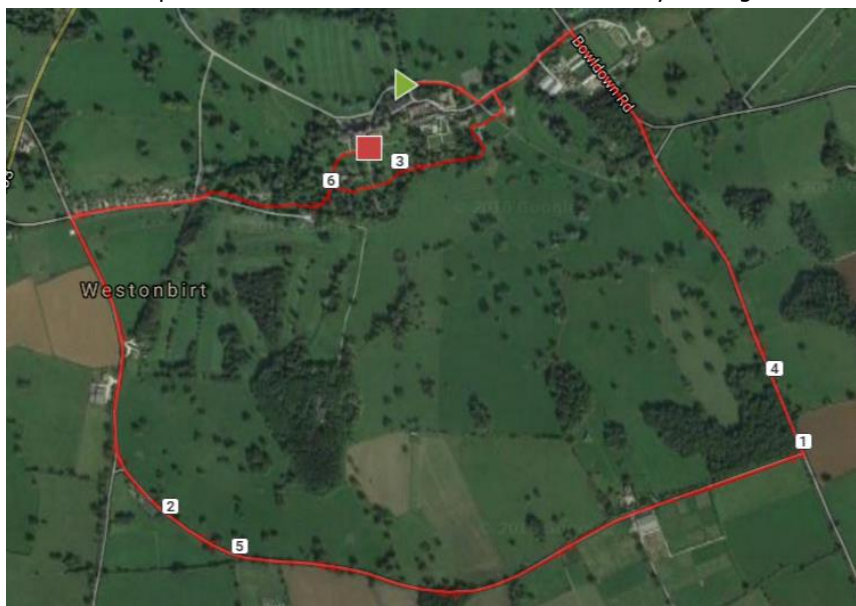
The run route is two laps of approximately equal distance (total distance is exactly 10k). The race starts at the front of the house and heads through the school grounds until a right turn on to a quiet country road (which are open to traffic). Please take care when running on all roads remembering the highway code at all times. At the end of the first and second lap you run through the beautiful Westonbirt House Gardens. Please take care running through this area in case of an occasional low branch or slippery surface (it is December of course).



The finish straight is a spectacular stretch in the house gardens, culminating in a finish line directly outside the Westonbirt House – and of course **#finishinthebar**

There are four steps to ascend just before the finish - it is runners' responsibility to take the necessary care on these steps. Please ascend carefully and with due care noting that runners can be tired at the finish of a 10k run.

A small version of the route is pictured below and can also be viewed in full by clicking on the map.



### ***Presentations and Awards***

Presentations will take place in the bar shortly after the last runner has finished at approximately 13:25.

Awards will be presented as follows:

**Overall: 1<sup>st</sup>, 2<sup>nd</sup> & 3<sup>rd</sup> M & F**

**Vet 40-49: 1<sup>st</sup>, 2<sup>nd</sup> & 3<sup>rd</sup> M & F**

**Vet 50-59: 1<sup>st</sup>, 2<sup>nd</sup> & 3<sup>rd</sup> M & F**

**Vet 60-69: 1<sup>st</sup> M & F**

**Vet 70+: 1<sup>st</sup> M & F**

**Juniors: 1<sup>st</sup> M & F**

**Team: 1<sup>st</sup> Male and Female Team (4 team members to count, based on sum of positions)**

### ***#finishinthebar***

If you have paid for a Mulled Wine and Mince Pie, Prosecco and a Mince Pie or a Beer and Mince Pie at the finish, you can redeem this by handing in the tear of on your race bib to the bar staff after the race **#finishinthebar**.

Don't forget, there will also be **turkey rolls with cranberry sauce** on sale!

### ***Sponsors***

We would like to thank our sponsor **SPECSAVERS Cirencester**. We would also like to thank our retail partner **Up and Running – Cheltenham**, who will be on site with last minute deals and essentials. For more details, [please click here](#).



### ***#dbmaxselfie***

We will again have the **#dbmaxselfie** competition in 2017. There will be a couple of selfie boards on site and everyone that posts a photo to Twitter or Instagram with the hashtag **#dbmaxselfie** will go into the draw for..... wait for it, free entry to both of next year's Westonbirt House 10k's (August and December).

In addition, the best photo of all will win a free entry to any DB Max event in 2018.

### ***iPods and MP3 Players***

Competitors are permitted to wear iPods or MP3 players, however volume levels must be kept to a minimum so you can hear marshal instructions. Not obeying a marshal instruction would lead to a DQ, so please keep that volume down.

### ***DB Max Sports Timing***

**DB Max Sports Timing** will be producing live race results. You can follow the results live on the day at [dbmaxresults.co.uk](http://dbmaxresults.co.uk) and on also via our smart phone results app available at the same link.



### ***Refreshments***

The bar will be open before and after the race. If you have paid for a **mulled wine and mince pie or a beer and a mince pie** ticket you need to present the bar staff with the tear off strip on your race number. The bar is open to all competitors and spectators from 10:30. Prices are as follows:

Glass of wine £3.00  
Glass of mulled wine £3.50  
Bottle of lager: £3.50  
Bottle of ale: £4.00  
Mini bottle of Prosecco: £6.00  
Soft drinks from £1.00

You will also be able to purchase on the day a **#finishinthebar Turkey and Cranberry Roll** for just £5 and there is also a Vegan/Vegetarian option of a **Lentil and Cranberry Burger Bap**.

### ***Post-Race Massage***

Post-race massage will be provided by the [Physio Clinic, Bristol](#) at a cost of £5.00 for 10 minutes.

### ***Toilets and Showers***

Toilets for runners will be located to the side of the house. There are also a number of toilets, changing facilities and showers available at the leisure centre if required. The leisure centre is a 5-minute walk (550m) from Westonbirt House.

### ***Bag Drop***

Bag drop will be available at race HQ from 10:30. Please ensure you pick your bag up from the same location immediately after finishing.

### ***Marshals***

As with all DB Max races we could not hold the event without the help of all the marshals. Please thank them where possible. If you have any family or friends attending, why not ask them to get involved – they will have great fun and will also earn a free entry to a similar DB Max event. If you are interested in assisting please email [james@dbmax.co.uk](mailto:james@dbmax.co.uk).

**Finally, thank you for your race entry and good luck with your final race preparations. We look forward to seeing you at Westonbirt on Sunday!**

