

Race letter for the Westonbirt House Christmas 10k Sunday 11th December 2016

It's nearly time for DB Max's first Christmas race folks!

We're very excited to be bringing you this brand new event at this beautiful Gloucestershire venue, sponsored by **Specsavers of Cirencester**.

Key Facts

- Bibs will be posted out so you will receive your pack next week, delivered to your door.
- Runners who have pre-booked #finishinthebar goodies, must collect their wrist band at the Information Desk **BEFORE** running.
- Runners must watch [the chip fitting video](#) here **BEFORE** race day.
- The race venue is Westonbirt House (**GL8 8QG**) **NOT** Westonbirt Arboretum.
- Race start is 12:00 and the venue opens at 10:00.
- All post-race Christmas dinners must be booked in advance.
- Christmas will be in the air and Santa will be joining us at #finishinthebar.



Race Venue

Race HQ will be in the main house at Westonbirt School which is located off the A433 - postcode for satnavs is **GL8 8QG**. Access will be through the main gates. The venue will not be open until 10:00 so no access will be available prior to this.

Parking

On arrival, ample free parking is available in the school grounds. Please follow instructions from the parking attendants and then follow the signs to Race HQ.

Race Packs

Your race packs will be posted to you and will be with you before race day. Please note you may not pass your bib on to another runner. This is very important because of our event insurance. Anyone found running under a number which isn't theirs, will be disqualified immediately and reported to the ARC. Please note there are no transfers, refunds or deferrals available after 26th November.

Your race pack will contain your runner bib, safety pins and your ShoeTag timing chip.

Timing Chip & Runner Bib

Please fit your ShoeTag timing chip as per the [chip fitting instruction video here](#).

Please attach your race number to your front while racing so that it can be clearly seen - race belts may be used if required.

The timing chips will ensure that your finish results (as well as lap times) are collected by **DB Max Sports Timing**. Remember - **no timing chip, no results**.

On the day enquiries

There will be an Information Desk in Westonbirt House, open from 10:30 until 11:45. General race enquiries, bag drop, #finishinthebar wrist straps and race pack issues, will all be handled here. There will also be two mobile 'How can I help you?' staff who can be identified by their labelled, high-viz vests.



Mandatory Pre-Race Briefing

There will be a mandatory pre-race briefing for all competitors 10 minutes before the race start. The location will be dependent on weather and will be announced on the day.

Start Times

The race start will be prompt at **12:00**.

Race Route

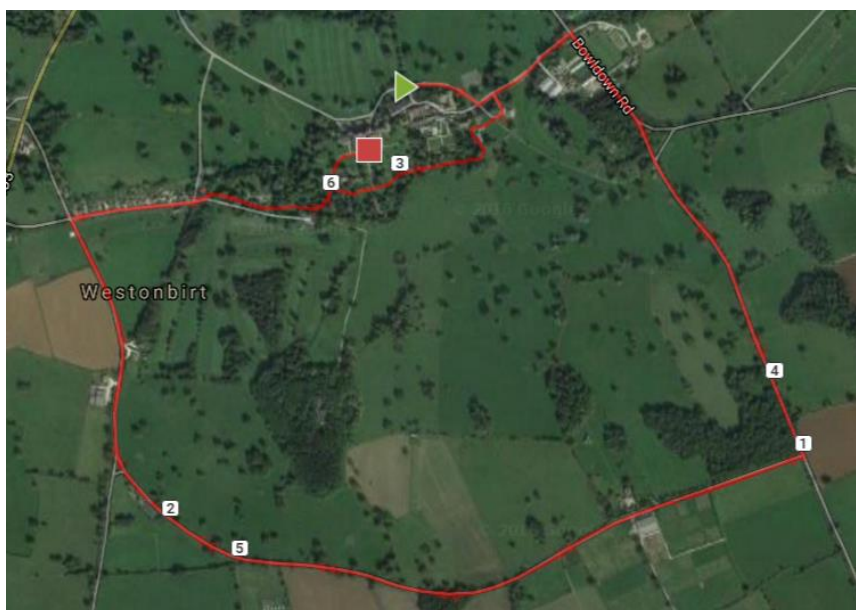
The run route is two laps of approximately equal distance with the total distance being exactly 10k. The race starts at the front of the house and heads through the school grounds, until a right turn on to a quiet country road. Please take care when running on all roads remembering the highway code at all times. At the end of the first and second lap you run through the beautiful Westonbirt House Gardens. Please take care running through this area in case of an occasional low branch or slippery surface (it is December of course).



The finish straight is a spectacular stretch in the house gardens, culminating in a finish line directly outside the Westonbirt House – and of course **#finishinthebar**

There is one set of 4 steps to ascend just before the finish - it is the runners' responsibility to take the necessary care on these steps. Please ascend carefully and with due care, noting that runners can be tired at the finish of a 10k run.

A small version of the route is pictured below and can also be viewed in full by clicking on the map.



Presentations and Awards

Presentations will take place in the bar shortly after the last runner has finished, at approximately 13:25. Awards will be presented as follows:

- Overall: 1st, 2nd & 3rd M & F**
- Vet 40-49: 1st, 2nd & 3rd M & F**
- Vet 50-59: 1st, 2nd & 3rd M & F**
- Vet 60-69: 1st M & F**
- Vet 70+: 1st M & F**
- Juniors: 1st M & F**
- Team: 1st Male Team (4 team members to count)**
1st Female Team (3 team members to count)



Fancy Dress Prize – the best Christmas themed fancy dress wearing runner, will receive a fantastic prize from Rural Designs!

#finishinthebar

If you have paid for a mulled wine/pint and mince pie at the finish, please ensure you collect your wrist strap at the Information Desk, prior to running. Please note, you can only collect a wrist band if you have paid for your **#finishinthebar**, by December 7th. To pre-book at discount rates, please book [here](#).

Christmas Dinner

If you would like to take the opportunity to join us in the Great Hall of Westonbirt House for a post-race Christmas dinner, please book your slot [here](#) or alternatively email kirsty@dbmax.co.uk. To view the menu please [click here](#). Showers and changing rooms are available at the sports centre.

If you have already paid for your Christmas meal, please enter the Great Hall at Westonbirt House between 13:30 and 13:50, ready for dinner at 14:00. Kirsty from DB Max, will be in contact with all those booked, before race day, with more details.

Christmas Dinner Car Parking

Those that have booked Christmas dinner are entitled to VIP Parking at the event. These runners will be able to park directly outside the house by displaying the car park pass (will be sent separately). Please ensure the car park pass is displayed on the dash and visible to parking attendants on arrival at the venue.

Sponsors

We would like to thank our title sponsor **SPECSAVERS Cirencester** for their support at this inaugural event.

DB Max also welcome our other sponsors to this event:

- **9BAR** – look out for your ‘good energy twice’ at the finish line.
- **Bosom Buddies** – look out for **25% off sports bras** at the venue.
- **Rural Designs** – make your Christmas decorations special with these festive figures, available to buy on the day.



#dbmaxselfie

The #dbmaxselfie competition will be back at this event, with a couple of selfie boards on site. Everyone that posts a photo to Twitter or Instagram with the hashtag #dbmaxselfie (and #finishinthebar) will go into the draw....

The prize for the best photo will be free entry to both of next year's Westonbirt House 10k's (August and December). In addition, the best photo of all will win a free entry to any DB Max run event in 2017.



iPods and MP3 Players

Competitors are permitted to wear iPods or MP3 players, however volume levels must be kept to a sensible level, so that runners can hear any marshal instructions. Please be aware that not obeying a marshal instruction, would lead to a DQ!

Pacers

There will be pacers to guide any runners looking for a specific time – 40, 45, 50, 55, 60 and 65 minutes.

DB Max Sports Timing

DB Max Sports Timing will be producing live race results on race day. Supporters can follow the results live on the day [HERE](#) and on also via our smart phone results app [HERE](#).

Refreshments

The bar will be open before and after the race. Runners who have paid in advance for #finishinthebar goodies, need to present the bar staff with their wrist band. The bar is open to all competitors and spectators from 10:30am, serving a full range of drinks, including tea, coffee, mulled wine, prosecco, beers, wines and soft drinks. And of course, home-made mince pies.

Post-Race Massage

Post-race massage will be provided by Nicole Walters at a cost of £5.00 for 15 minutes. ([NicoleWaltersTriathlon on Facebook](#)).

Toilets and Showers

Toilets for runners will be located to the side of Westonbirt House. There are also a number of toilets, changing facilities and showers available at the leisure centre if required. The leisure centre is a 5 minute walk (550m) from Westonbirt House.

Bag Drop

The bag drop will be available at the Information Desk inside the main building from 10:30. Please ensure runners pick up bags from the same location immediately after finishing the run.

Marshals

As with all DB Max races, we could not hold the event without the help of all the marshals. Please thank them where possible. If you have any family or friends attending why not ask them to get involved – they will have great fun and will also earn a free entry to a similar DB Max event. Anyone interested in marshalling, please email james@dbmax.co.uk.

Finally, thank you for your race entry and good luck with your final race preparations. We look forward to seeing you at Westonbirt for some festive fun and exercise!

Team DB Max
#finishinthebar
www.dbmax.co.uk

