

Race letter for Longest Day Chippenham 10k Wednesday 21st June 2023

It's race time with DB Max folks! We're very excited to be bringing you the **Longest Day Chippenham 10k**, this year on the official Longest Day of the year.

Race Venue

Race HQ will be in the DB Max marquee on the Island in Monkton Park Chippenham. Please follow the bright coloured signs from close to the venue. The postcode of the Island is SN15 3EY (please do not try to park here)

Parking

There is no onsite parking at this event. However, with the event being based in the heart of Chippenham there are plenty of car parks available just a short 5 minute walk or so from the venue. Below are a selection of maps showing the site of the car parks and also the route to the race venue. For information, postcodes are as follows:

- Bath Road Car Park SN15 2SA
- Railway Station Car Park, Cocklebury Rd SN15 3QD
- Railway Station Car Park, Union Rd SN15 1JG
- Borough Parade Car Park, Gladstone Rd SN15 3YY





Registration

Race numbers and timing chips will be collected from the registration desk on the day of the event. Registration will be open from 17:45 to 19:15. Please attach your race number to your front while racing so that it can be clearly seen - race belts may be used if required.

Please note that bibs, chips, race lists and all literature have gone to print, and no transfers, refunds or deferrals are available at this stage.

Timing Chips

Your timing chip will be attached to your race bib when you receive it. Please do not remove it and ensure that you do not pierce the chip with your safety pins. Please watch the <u>chip fitting instruction video here</u>.

The timing chips will ensure that your finish results are collected by **DB Max Sports Timing**. Remember - **no timing chip, no results**.

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Mandatory Pre-Race Briefing

There will be a mandatory pre-race briefing for all competitors 10 minutes before the race start in the race village near the start line.

Start Times

The race start will be prompt at **19:30**.

Race Route

The run route is one lap of 10k. The race starts in the High Street and heads along St Mary's Street before heading in to Monkton Park and then along the old railway track to Stanley before returning to finish in the High Street. Please note you will be running on open roads for a large section of the event, so please bear this in mind and adhere to the Highway Code at all times. The route does also follow a large section of trail so please look out for dog walkers and cyclists at all times.

A small version of the route is pictured below and can also be viewed in full by clicking on the map



Presentations and Awards

There is no presentation on the day and competitors will be emailed details of their prizes in the days after the event.

Awards will be presented as follows:

Overall: 1st, 2nd & 3rd M & F Vet 40-49: 1st M & F Vet 50-59: 1st M & F Vet 60-69: 1st M & F Vet 70+: 1st M & F Junior : 1st M & F



IPods and MP3 Players

Competitors are **NOT** permitted to wear iPods or MP3 players at any time whilst running.

DB Max Sports Timing

DB Max Sports Timing will be producing live race results. The race line up and link to the results will be HERE

Toilets

Toilets for runners will be located around the race village.

Bag Drop

A bag drop facility is provided free of charge. Please ensure you place your baggage in this area well before the start. To reduce handling of belongings, you will attach the tear of strip on your race number to your bag, then place it in the bag drop yourself.

When collecting your bag after your race, you will enter the Bag Drop area and collect your bag yourself. The staff on bag drop will then check your race number against that of your bag to ensure that it is the correct bag. Please leave all valuables at home or in your car.

Water Station

There will be 2 water stations on route at 3k and 6k. When you collect your water you must move away from the water station and take on your fluid. When you have finished you MUST place the cup in the bins provided as you are not permitted to run with the cup.

Pacers

There will be pacers at this event with the following times.

38/40/42/45/48/50/52/55/58/60/62/65/70/75 minutes. Pacers will be identifiable from the flags they will be wearing.

Cut Offs

There is no official cut-off for the event, however you will be expected to complete the event in less than 1 hour 45 minutes in total. In the unlikely event that an event manager deems that you are not fit to continue they will remove you from the event. We have this cut off in place as the high street needs to be re-opened by 21:30.

Litter

Littering is obviously not acceptable at any time. If you use gels you must return to the finish with the wrappers and take your litter home with you, if you can carry a full gel, you can certainly carry an empty one. Littering incurs immediate disqualification.

Race Photography

Charles Whiton Photography will be on site taking photos from the day. These are available to buy after the event. Please feel free to smile for the camera and make sure your race bib is clearly visible. You will be able to view your photos on your individual results page once the photographer has uploaded them to his site. The bib recognition means you can access your own photos quickly and easily.

Coffee/Hot Drinks/Refreshments

Hot drinks will be available from the Coffee Lada in the race HQ area. There are lots of pubs in the town centre to grab food or drinks before or after the event. If you are looking for a drink we recommend the Flying Monk Pub, for food and drink we would recommend Rivo Lounge. Both are in the town centre and are only a few steps away from the race finish.



Spectators

Spectators are permitted at this event. Spectators can watch at almost any point along the course, though we recommend watching at the start ad finish in the High Street.

Dogs

Dogs are permitted with spectators at this event, **but please keep them on a lead** at all times in the start, finish and registration areas, and ensure any mess is cleared up immediately. Please note that you are not permitted to run with your dogs.

Marshals

As with all DB Max races, we could not hold the event without the help of all the marshals. Please thank them where possible. If you have any family or friends attending, why not ask them to get involved – they will have great fun and will also earn a free entry to a similar DB Max event. If you are interested in helping, please email james@dbmax.co.uk.

One last thing DB Maxers – we will be looking for the **best Instagram post/picture** with the hashtag **#chipplongestday10k.** Our Instagram handle is **@dbmax_timing.** The best posts will win a free entry to next year's event.

Finally, thank you for your race entry and good luck with your final race preparations. We look forward to seeing you at Chippenham on Wednesday 21st June!





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