

bike laps 2011

bike laps 2.600 Km

Bike Laps

31/10/2010 07:55

Race

Pos	Bib	Name	Club	Cat.	Best Lap	Best Spd. (kph)	2nd Best
1	248	Stuart Anderson	Freespeed	M35-39	3:37.683	42.998	3:41.582
2	29	Lee Calderon	Tri Anglia	M30-34	3:44.760	41.644	3:45.973
3	38	Robert Parry	Crystal Palace Tri	M30-34	3:45.098	41.582	3:45.627
4	126	Gavin Francis	Optima	M45-49	3:47.651	41.116	3:51.059
5	92	Timothy Male	Thames Turbo	M35-39	3:48.457	40.971	3:53.921
6	114	Charles Hammon	Optima	M40-44	3:50.111	40.676	3:51.301
7	260	James Hart	DB Max Tri	M40-44	3:52.466	40.264	3:52.657
8	116	Ben Unsworth	Thames Turbo	M30-34	3:54.062	39.989	3:54.873
9	188	Paul Knowles	Ful-On Tri	M40-44	3:55.294	39.780	3:57.434
10	152	Graeme Buscke	Clapham Chasers	M30-34	3:55.333	39.773	3:55.398
11	145	Samuel Crenn	Wimb Windmiler	M25-29	3:56.180	39.631	3:59.195
12	205	Paul Deen	Wimb Windmiler	M40-44	3:56.241	39.621	3:56.532
13	49	Richard Phillips	Serpentine	M35-39	3:57.811	39.359	4:00.489
14	253	Richard Mathie	Imperial College	M25-29	3:58.454	39.253	3:59.376
15	16	Jamie Wardell	Wimb Windmiler	M30-34	3:59.244	39.123	3:59.340
16	236	Nick Shasha	Torq Fitness	M35-39	3:59.475	39.085	4:00.753
17	5	Charlie Wallace	London Dynamo	M35-39	3:59.789	39.034	4:04.683
18	249	David Matthew	Serpentine	M40-44	4:02.764	38.556	4:03.938
19	178	Stuart Hitchcock	London Fields Tri	M25-29	4:02.988	38.520	4:03.043
20	181	John Griffin	Tri London	M50-54	4:03.249	38.479	4:05.666
21	117	Robert Boulding	London Fields Tri	M30-34	4:03.826	38.388	4:07.150
22	10	Brian Hennessey	SLH Tri Club	M45-49	4:04.277	38.317	4:04.420
23	82	Richard Lewey	Crystal Palace Tri	M45-49	4:04.420	38.295	4:06.413
24	18	Joshua Varney	Unattached	M20-24	4:04.689	38.253	4:07.852
25	2	Michael Williams	Dulwich Paragon CC	M35-39	4:04.695	38.252	4:05.596
26	151	Freddie Leatham	Ful-On Tri	M30-34	4:04.764	38.241	4:05.792
27	66	David Meller	Trent Park RC	M45-49	4:05.209	38.172	4:06.242
28	93	Dan Holmes	Clapham Chasers	M30-34	4:05.320	38.154	4:05.609
29	26	Wojciech Kozielski	Crystal Palace Tri	M30-34	4:06.732	37.936	4:09.963
30	195	Mark Brown	Crystal Palace Tri	M45-49	4:06.881	37.913	4:10.702
31	54	Troy Squires	Wimb Windmiler	M30-34	4:07.081	37.882	4:07.327
32	32	Oliver de Montfort	Wimb Windmiler	M35-39	4:07.149	37.872	4:10.552
33	50	Neil Aitken	Clapham Chasers	M35-39	4:07.965	37.747	4:14.878
34	88	Jason Gayler	Unattached	M30-34	4:08.027	37.738	4:09.318

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35	154	Steve Westlake	Unattached	M40-44	4:08.042	37.736	4:15.445
36	94	Susan Fairfax	Crystal Palace Tri	F35-39	4:08.237	37.706	4:10.997
37	3	Jeremy Langdon	Stragglers	M45-49	4:08.249	37.704	4:09.387
38	245	Anthony Flick	Tri London	M35-39	4:08.275	37.700	4:08.882
39	35	Grant Georgiades	Crystal Palace Tri	M30-34	4:08.297	37.697	4:15.864
40	6	Peter Mack	Crystal Palace Tri	M40-44	4:08.358	37.688	4:10.416
41	42	Steve Smythe	Dulwich Runners	M50-54	4:09.070	37.580	4:09.576
42	40	Vince Christan	Unattached	M25-29	4:09.082	37.578	4:11.756
43	241	Mark Lander	Ful-On Tri	M40-44	4:09.155	37.567	4:11.821
44	137	Colin Steele	London Fields Tri	M30-34	4:09.998	37.440	4:13.032
45	112	Hugh Torry	Serpentine	M30-34	4:10.182	37.413	4:11.885
46	210	James Ralph	London Fields Tri	M25-29	4:10.732	37.331	4:14.151
47	180	Tobias Mews	Clapham Chasers	M30-34	4:11.182	37.264	4:11.463
48	65	Nick Wood	Wimb Windmiler	M35-39	4:11.401	37.231	4:11.635
49	7	Ruth Clifton	London Dynamo	F25-29	4:11.475	37.220	4:13.053
50	185	Paul Jagger	Clapham Chasers	M40-44	4:11.635	37.197	4:15.009
51	146	Alan Lightfoot	Thames Turbo	M40-44	4:11.706	37.186	4:12.874
52	150	Andrew Finn	London Fields Tri	M30-34	4:11.721	37.184	4:17.224
53	22	Sam Blanshard	Unattached	M25-29	4:12.340	37.093	4:13.310
54	182	Mark Delahunty	Hillingdon Triathletes	M35-39	4:12.406	37.083	4:14.261
55	165	Andrew Ormesher	Clapham Chasers	M45-49	4:13.067	36.986	4:16.902
56	144	Nicholas Torry	Serpentine	M30-34	4:13.155	36.973	4:16.484
57	103	David Lindgren	Unattached	M35-39	4:13.220	36.964	4:15.352
58	121	Richard Brookmyre	Unattached	M25-29	4:14.954	36.713	4:15.528
59	78	Gary Blunt	Crystal Palace Tri	M45-49	4:15.374	36.652	4:18.239
60	113	John Taylor	Hillingdon Triathletes	M35-39	4:15.395	36.649	4:17.795
61	198	Chris Owens	Optima	M55-59	4:15.808	36.590	4:17.190
62	237	Eric Paul	Unattached	M50-54	4:16.216	36.532	4:18.150
63	20	Hugh Martineau	Unattached	M30-34	4:16.268	36.524	4:16.676
64	228	Joseph Dale	London Fields Tri	M30-34	4:16.432	36.501	4:18.192
65	173	Richard Thorpe	Thames Turbo	M30-34	4:16.829	36.444	4:17.956
66	69	Michael Semark	Trent Park RC	M45-49	4:17.218	36.389	4:18.533
67	9	Alexie Shaw	Dulwich Runners	F30-34	4:17.446	36.357	4:18.223
68	153	Mark Conway	Unattached	M25-29	4:17.529	36.345	4:19.065

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69	213	Charlotte Francis	Wimb Windmiler	F45-49	4:18.553	36.201	4:21.706
70	104	Helen Mussen	Serpentine	F35-39	4:19.126	36.121	4:19.429
71	87	Elliot Worth	Unattached	M40-44	4:19.876	36.017	4:29.003
72	95	Carolyn Hewett	Team Wiggle	F30-34	4:20.308	35.957	4:28.511
73	47	Alec Dyer	Thames Turbo	M35-39	4:20.592	35.918	4:22.576
74	175	Rory O'Neill	Clapham Chasers	M25-29	4:21.229	35.831	4:22.453
75	21	Gavin Anderson	Unattached	M30-34	4:21.523	35.790	4:21.785
76	79	Julian Meldrum	London Frontrunners	M50-54	4:21.537	35.788	4:21.592
77	129	Sarah Odell	Ful-On Tri	F40-44	4:22.063	35.717	4:23.630
78	60	Deborah Coyle	Greenwich Tritons	F35-39	4:22.710	35.629	4:27.263
79	72	Rebecca Glover	Serpentine	F25-29	4:23.026	35.586	4:23.420
80	131	Daniel Moll	Triathlon Europe	M30-34	4:23.380	35.538	4:26.439
81	167	Bob Hedderman	Met Police Tri Club	M50-54	4:24.506	35.387	4:26.410
82	24	Kevin Armstrong	Unattached	M25-29	4:24.619	35.372	4:30.634
83	61	Diccon Loy	Clapham Chasers	M40-44	4:25.083	35.310	4:33.111
84	174	Jose Barretta	Dulwich Runners	M35-39	4:25.258	35.286	4:26.166
85	83	Anna Sykes-Brown	Optima	F25-29	4:25.634	35.236	4:29.708
86	201	Guy McLaren	Clapham Chasers	M35-39	4:25.698	35.228	4:27.779
87	36	Clare Miller	Unattached	F25-29	4:25.878	35.204	4:27.095
88	23	Adam Davey	London Frontrunners	M35-39	4:27.683	34.967	4:30.486
89	199	Roger Reid	Serpentine	M40-44	4:27.774	34.955	4:27.910
90	147	Sarah Allen	London Fields Tri	F35-39	4:28.120	34.910	4:30.688
91	169	Roslyn Mcginty	Tri London	F40-44	4:28.366	34.878	4:34.469
92	74	Nici Cahusac	Herne Hill Harriers	F35-39	4:29.048	34.789	4:30.228
93	99	Neil Mitchell	Thames Turbo	M50-54	4:31.104	34.525	4:36.994
94	218	Sarah Swaney	Clapham Chasers	F30-34	4:31.353	34.494	4:40.531
95	177	Naomi Shinkins	Tri London	F25-29	4:31.581	34.465	4:36.440
96	250	Simon Gill	Unattached	M40-44	4:32.502	34.348	4:33.268
97	52	Naomi Gayler	Clapham Chasers	F25-29	4:32.753	34.317	4:39.207
98	57	Jim Kirkland	Greenwich Tritons	M55-59	4:33.279	34.251	4:44.145
99	217	Jeremy Soana	Unattached	M25-29	4:33.477	34.226	4:35.798
100	251	Andrew Reeves	Serpentine	M40-44	4:34.512	34.097	4:44.249
101	162	Caroline Janes	Ful-On Tri	F35-39	4:34.654	34.079	4:37.415
102	17	Dave Armstrong	Saltaire Striders	M60-64	4:34.784	34.063	4:45.626

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103	179	Krystal Newbury	Thames Turbo	F30-34	4:34.797	34.062	4:37.237
104	183	Steven Phillips	Unattached	M35-39	4:34.860	34.054	4:36.878
105	243	Christine Glew	Kingfisher Triathletes	F55-59	4:35.013	34.035	4:42.519
106	19	Georg Inderst	London Phoenix	M50-54	4:35.297	34.000	4:37.564
107	222	Andrew Finch	SLH Tri Club	M30-34	4:35.565	33.967	4:36.179
108	101	Giorgio Lai	Unattached	M40-44	4:35.838	33.933	4:39.219
109	219	Andy Leung	ESM	M35-39	4:35.963	33.918	4:41.098
110	58	Robert Harrison	SLH Tri Club	M50-54	4:37.228	33.763	4:39.701
111	71	Malcolm Watts	Thames Turbo	M40-44	4:37.342	33.749	4:41.387
112	252	Hans Geberbauer	Crystal Palace Tri	M40-44	4:37.774	33.696	4:38.394
113	43	Lisa Wood	Wimb Windmiler	F30-34	4:38.986	33.550	4:42.247
114	136	Laura May Williams	Ful-On Tri	F40-44	4:40.524	33.366	4:43.564
115	239	Sebastian Arroyave	London Fields Tri	M25-29	4:40.672	33.349	4:41.811
116	34	Daniel Wolman	London Phoenix	M25-29	4:41.915	33.201	4:45.165
117	225	Martin Capstick	FERC	M45-49	4:42.549	33.127	4:43.043
118	235	Josh Ralph-Bowman	Unattached	M35-39	4:42.617	33.119	4:43.761
119	244	Oliver Cox	Unattached	M30-34	4:42.659	33.114	4:47.258
120	68	Clare Mullenger	Wimb Windmiler	F30-34	4:42.826	33.095	4:43.288
121	209	Kate Lander	Ful-On Tri	F35-39	4:43.376	33.030	4:43.715
122	158	Richard Ludwig	Unattached	M25-29	4:44.133	32.942	4:47.919
123	171	Ellen Greaves	Unattached	F25-29	4:44.872	32.857	4:45.927
124	64	Philip Bartlett	Unattached	M25-29	4:44.903	32.853	4:47.819
125	120	Ben Hacker	Unattached	M20-24	4:46.110	32.715	4:46.521
126	14	Andrew Young	Met Police Tri Club	M30-34	4:47.868	32.515	4:53.282
127	191	Olivia Hetreed	Tri London	F50-54	4:49.062	32.381	4:50.330
128	96	Neil Ryan	Unattached	M40-44	4:49.157	32.370	4:51.526
129	132	Toby Head	Ful-On Tri	M45-49	4:49.189	32.366	4:53.138
130	254	John Buchanan	Crystal Palace Tri	M30-34	4:49.264	32.358	4:51.327
131	56	Nick Mcnamara	SLH Tri Club	M50-54	4:49.292	32.355	4:49.832
132	164	Amy Fisher	Clapham Chasers	F30-34	4:49.672	32.312	4:50.189
133	123	Stephen Cardwell	Unattached	M20-24	4:50.318	32.241	4:50.546
134	106	Miguel Corte-Real	Unattached	M40-44	4:50.896	32.176	4:53.169
135	143	John Doyle	Optima	M45-49	4:53.119	31.932	4:53.261
136	30	Sam Sami	Met Police Tri Club	M40-44	4:53.347	31.908	4:54.464

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137	90	Paul Wilson	Unattached	M60-64	5:01.130	31.083	5:07.578
138	215	Brian Dilley	Trent Park RC	M40-44	5:01.696	31.025	5:02.628
139	110	Martin Cole	Unattached	M40-44	5:02.924	30.899	5:04.510
140	184	Andy Hazell	Unattached	M35-39	5:04.002	30.789	5:06.492
141	105	Sarah Martin	Unattached	F30-34	5:04.461	30.743	5:08.360
142	81	Simon Tovey	Unattached	M60-64	5:04.734	30.715	5:08.237
143	89	Sam Wilson	Unattached	M35-39	5:06.620	30.526	5:07.939
144	247	James OBeirne	Unattached	M40-44	5:08.894	30.302	5:11.856
145	170	Cliff Potter	Met Police Tri Club	M45-49	5:15.061	29.709	5:20.629
146	100	Charlotte Williams	Optima	F17-18	5:17.604	29.471	5:20.200
147	84	Clive Lucking	Unattached	M40-44	5:18.948	29.346	5:21.811
148	214	Catherine Armstrong	Clapham Chasers	F30-34	5:22.008	29.068	5:22.066
149	59	Helen Wilson	Unattached	F40-44	5:24.223	28.869	5:24.395
150	39	Claire Morgan	Wimb Windmiler	F45-49	5:27.679	28.565	5:28.140
151	157	Will Morris	Barnet & District	M25-29	5:28.148	28.524	5:31.646
152	108	Debbie Jackson	Herne Hill Harriers	F35-39	5:28.657	28.480	5:31.511
153	229	Wendy Musique	London Fields Tri	F35-39	5:28.674	28.478	5:30.121
154	196	Diane Fauconnier	Clapham Chasers	F35-39	5:30.980	28.280	5:31.719
155	46	Mark Livingston	Unattached	M30-34	5:43.842	27.222	5:46.465
156	200	Roland Kennett	Unattached	M45-49	5:47.547	26.932	5:49.315
157	216	Jasdeep Hunjan	Unattached	M25-29	6:11.284	25.210	6:16.553