

Cisco Sport Relief Sprint Triathlon 2012 - Bike Laps

Pos	Bib	Name	Gender	Cat	Team	Lap 1 (from T1)	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Split to T2	Total	Lap 7	Note
1	229	Geoff Tim Antony Tompkins Sharpe Richardson	R	Relay	FW Flyers	05:30.1	04:36.5	04:30.3	04:30.3	04:33.0	04:32.5	00:58.0	29:10.9		
2	80	Dom Dos Remedios	M	Individual		05:31.5	04:30.7	04:30.8	04:35.8	04:36.8	04:39.0	00:57.0	29:21.7		
3	235	Graham Michael Jeremy Oneil Coulson Cooke	R	Relay	FW BSG tri again	05:25.8	04:40.1	04:49.2	04:45.9	04:41.9	04:40.5	01:04.0	30:07.5		
4	223	Gerard Huw James Clarke Thomas Paton	R	Relay	FW IRON_LuNG	05:37.2	04:44.4	04:48.3	04:50.0	04:48.6	04:57.7	01:00.8	30:47.0		
5	230	Max Robin Martin Mcneill Gosnell Jones	R	Relay	Ultima	05:30.4	04:47.2	04:54.0	04:56.5	04:57.8	04:55.3	00:55.4	30:56.5		
6	76	Ellie Barnes	F	Individual		05:44.9	04:46.5	04:55.5	04:56.8	04:53.4	04:57.0	01:06.4	31:20.5		
7	47	Martin Emsley	M	Individual		05:43.6	04:56.4	04:55.4	04:52.9	04:53.4	04:52.1	01:07.1	31:20.8		
8	60	Mark Holmes	M	Individual		05:43.4	04:55.4	04:53.0	04:57.2	04:52.9	04:59.3	01:02.7	31:23.9		
9	221	Jill Ian Derek Robson Cragg Stevenson	R	Relay	FW Huey Dewey & Louie	05:32.4	04:56.3	05:05.6	05:06.8	05:01.4	05:05.5	00:52.0	31:40.1		
10	73	Ian Tapper	M	Individual		06:01.3	04:59.8	04:56.8	05:00.0	05:02.4	05:04.3	01:07.3	32:11.8		
11	225	Rachel Rachel David Swinfen Russett Harney	R	Relay	Posh n Specs	05:50.9	05:02.3	05:03.4	05:09.8	05:09.1	05:01.0	00:58.9	32:15.3		
12	79	Alan Young	M	Individual		06:08.4	05:05.0	05:03.1	04:59.0	05:04.9	04:59.8	01:10.6	32:30.9		
13	61	Russell Munday	M	Individual		05:52.7	05:58.5	04:57.6	04:56.8	04:54.0	04:52.7	01:00.2	32:32.4		
14	242	Chris Simon Dominic Sharratt Morhall Hale	R	Relay	FW Pro-posers	06:01.0	05:11.9	05:04.3	05:13.9	05:06.3	04:58.2	00:57.7	32:33.3		
15	78	Danny Baker	M	Individual		06:05.9	05:04.9	05:04.8	05:07.8	05:05.4	04:59.9	01:12.9	32:41.6		
16	42	Andy Clark	M	Individual		06:03.8	05:06.4	05:14.0	05:05.1	05:08.6	05:00.3	01:05.3	32:43.5		
17	240	Tony Alex Owen Brett Shaw Flatau	R	Relay	Langley 2s	05:51.0	05:09.9	05:08.2	05:23.5	05:09.2	05:03.0	00:59.1	32:43.9		
18	238	Andy Bekithemba Adrian Baldasera Togue Hurford	R	Relay	TW Balderbecksford	06:09.2	04:58.3	05:02.9	05:13.7	05:18.3	05:07.1	01:06.6	32:56.1		
19	9	Andrew Murphy	M	Individual		06:04.0	05:13.8	05:05.4	05:11.4	05:07.6	05:13.8	01:06.8	33:02.8		
20	58	Jeroen Sourbron	M	Individual		06:03.3	05:15.6	05:09.7	05:10.4	05:09.9	05:12.3	01:05.0	33:06.1		
21	234	Andrew Phil Gerry Stagg Tuckett Iles	R	Relay	Lloyds TSB Reading Also Rans	06:05.5	05:05.7	05:08.7	05:18.3	05:11.5	05:12.9	01:04.0	33:06.6		
22	231	Karl Suzanne Gary Speed Finlay Humphries	R	Relay	Sandbaggers	06:07.1	04:58.9	05:01.1	05:06.7	05:25.7	05:23.9	01:07.0	33:10.4		
23	33	Kevin Evelyn	M	Individual		06:12.1	05:14.6	05:17.7	05:11.4	05:10.3	05:09.5	01:00.9	33:16.6		
24	208	Mel Steve Simon Taylor Hawkins Jones	R	Relay	The INcredible Ones	05:52.4	05:14.3	05:23.1	05:17.4	05:18.9	05:12.6	01:01.7	33:20.4		
25	67	James Mayhew	M	Individual		06:04.5	05:16.5	05:15.3	05:24.3	05:21.3	05:09.4	01:04.4	33:35.7		
26	37	Edward Arnold	M	Individual		06:22.3	05:25.9	05:22.7	05:14.0	05:07.2	05:02.1	01:04.1	33:38.2		
27	66	Richard Wainwright	M	Individual		06:17.1	05:16.1	05:13.6	05:08.2	05:20.9	05:21.8	01:04.8	33:42.4		
28	233	Richard Alex Pete Glanville Brown Barber	R	Relay	ARP	05:50.6	05:14.3	05:22.4	05:28.3	05:26.5	05:29.3	01:10.3	34:01.6		
29	71	Dominic Goy (Run)	M	Individual		06:13.0	05:22.1	05:16.4	05:10.8	05:17.2	05:29.3	01:13.3	34:02.2		
30	27	Warren Mcgill	M	Individual		06:25.0	05:11.5	05:14.6	05:27.3	05:18.3	05:16.0	01:18.3	34:11.1		
31	29	Chris Goslar	M	Individual		06:36.8	05:24.3	05:21.8	05:21.0	05:14.2	05:11.3	01:06.6	34:16.0		
32	41	Michelle Fairley	F	Individual		06:16.1	05:18.9	05:18.3	05:29.3	05:29.6	05:22.3	01:06.2	34:20.8		
33	39	Simon Sharp	M	Individual		06:03.5	05:34.2	05:27.0	05:22.5	05:29.8	05:19.6	01:09.8	34:26.4		
34	44	Ian Armstrong	M	Individual		06:26.9	05:26.2	05:17.6	05:30.4	05:24.3	05:19.2	01:04.6	34:29.1		

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35	30	Graham Pearce	M	Individual		06:14.4	05:25.3	05:25.0	05:22.1	05:34.1	05:23.5	01:06.2	34:30.7		
36	203	David Zuzana Paul Orton Pankova Barnes	R	Relay	Eptica 1	06:32.5	05:22.5	05:12.6	05:27.8	05:21.7	05:24.4	01:09.9	34:31.4		
37	245	Ramon Robert Ivan Nieva Sim Krimmel	R	Relay	Cisco	06:13.8	05:30.7	05:27.5	05:14.2	05:35.7	05:30.9	01:01.3	34:34.0		
38	228	Rob James Jessica Stickland Campbell Dale	R	Relay	Anything Goes	06:14.9	05:29.6	05:27.9	05:20.2	05:38.5	05:39.6	01:01.7	34:52.5		
39	62	Sean Hobday	M	Individual		06:29.2	05:30.4	05:27.1	05:33.7	05:28.0	05:29.4	01:08.6	35:06.3		
40	53	Gareth Luscombe	M	Individual		06:17.2	05:25.7	05:29.9	05:29.7	05:35.2	05:41.0	01:09.1	35:07.7		
41	75	Nick Browning	M	Individual		06:31.1	05:36.8	05:33.1	05:38.7	05:34.5	05:30.7	01:11.8	35:36.6		
42	202	Marco James Andrew Chiavetta Turner Barnes	R	Relay	Goodhew Hoy & Ovet	06:50.1	05:40.9	05:30.1	05:37.3	05:26.1	05:27.9	01:06.4	35:38.8		
43	22	Andy Smith	M	Individual		06:36.0	05:17.9	05:30.6	05:40.6	05:37.8	05:48.3	01:11.8	35:43.2		
44	81	Douglas Myhill	M	Individual		06:10.9	05:26.4	05:24.0	05:18.2	05:13.9	05:12.9	02:58.7	35:45.0		
45	204	Phoebe Evelyn Ade Haywood Mullins Onagoruwa	R	Relay	Broadgate Estates	06:32.2	05:36.1	05:39.3	05:50.3	05:42.4	05:18.1	01:08.1	35:46.7		
46	64	Alex Hebert	M	Individual		06:33.1	05:31.7	05:36.4	05:40.2	05:33.2	05:46.4	01:13.3	35:54.2		
47	15	Alex Lubbock	M	Individual		06:46.9	05:39.9	05:39.0	05:35.6	05:37.2	05:39.8	01:05.5	36:03.8		
48	50	Grant Payne	M	Individual		06:04.4	05:18.9	06:51.3	05:09.4	05:28.5	06:05.6	01:06.1	36:04.2		
49	206	Clare Nick Tanya Mcrobbie Trower Stroud	R	Relay	Eptica 3	06:30.6	05:33.6	05:36.8	05:47.6	05:48.9	05:41.2	01:06.6	36:05.3		
50	209	Sally Karen Emily Snow Munro Lyons	R	Relay	Quintiles Try Athletes	06:32.8	05:25.6	05:47.5	05:52.0	05:43.4	05:37.1	01:11.0	36:09.4		
51	219	Claire David Christine Turner Clark Goodman	R	Relay	Group NP	06:39.8	05:51.7	05:41.4	05:38.2	05:41.5	05:30.6	01:06.6	36:09.8		
52	28	Cindy Goslar	F	Individual		06:48.4	05:34.6	05:43.7	05:40.0	05:35.5	05:36.5	01:12.0	36:10.7		
53	7	Rebecca North	F	Individual		07:08.4	05:41.8	05:37.6	05:31.9	05:44.5	05:29.9	01:12.6	36:26.7		
54	52	Paul Bicknell	M	Individual		06:38.8	05:44.0	05:40.7	05:27.6	05:40.8	05:39.7	01:36.1	36:27.8		
55	14	Soren Sturup-Toft	M	Individual		06:39.4	05:38.8	05:44.6	05:55.0	05:43.3	05:37.1	01:12.7	36:31.0		
56	226	Richard Mike Frank Catling Adams Holley	R	Relay	FW 174	05:59.2	04:50.7	04:53.3	04:59.5	05:04.3	05:00.1	01:02.6	36:43.7	04:54.0	7 laps
57	10	Simon Evans	M	Individual		06:50.0	05:54.6	05:52.0	05:41.0	05:45.0	05:40.8	01:12.2	36:55.6		
58	12	Krystal Spicer	F	Individual		06:43.5	05:54.1	06:00.6	05:49.1	05:41.8	05:38.2	01:13.4	37:00.8		
59	222	Thomas Lawrence Andrew Vaux Heaton-Wright Tomlinson	R	Relay	ALternative	06:33.3	05:51.7	06:01.1	05:50.9	05:48.9	05:39.5	01:15.7	37:01.0		
60	77	Luke Debono	M	Individual		06:51.2	05:51.5	05:54.0	05:43.8	05:48.5	05:43.2	01:09.6	37:01.9		
61	25	Stephen Dowling	M	Individual		06:45.6	05:46.5	05:41.6	05:53.1	05:54.6	05:53.0	01:13.0	37:07.4		
62	68	Jack Browning	M	Individual		06:49.1	05:54.6	05:57.9	05:51.8	05:51.0	05:43.8	01:07.8	37:15.9		
63	21	Stephen Dunham	M	Individual		07:10.5	05:45.8	05:43.7	05:41.7	05:47.7	05:46.0	01:21.9	37:17.4		
64	36	Victoria Chandler	F	Individual		06:49.3	05:53.4	06:00.8	05:50.6	05:49.0	05:40.1	01:20.0	37:23.2		
65	216	Chantelle Andrew Alex Millington Danson Roberts	R	Relay	Finish or die TRling	07:07.6	05:46.4	05:50.1	05:50.4	05:59.7	05:46.8	01:10.1	37:30.9		
66	59	Alf Heggbrenna	M	Individual		06:21.2	05:01.3	04:58.9	04:56.4	04:57.2	05:03.4	01:11.1	37:32.9	05:03.3	7 laps
67	217	Bertram Bertram Paul Li Mow Ching Li Mow Ching Burgess	R	Relay	Norfolk & Chance	07:10.2	05:45.8	05:51.3	05:56.4	06:01.2	05:49.8	01:11.4	37:46.0		
68	55	David Turnbull	M	Individual		06:53.8	06:00.8	05:56.9	05:51.0	05:55.0	05:51.9	01:17.1	37:46.4		
69	210	Donna Kate Helen Leslie Ingrey Dickens	R	Relay	Symanchics	07:05.8	05:57.1	05:51.9	06:15.4	05:57.1	05:32.8	01:07.6	37:47.8		

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70	6	Steve Corfield	M	Individual		07:16.3	06:00.1	05:51.9	05:51.1	05:51.3	05:52.1	01:14.7	37:57.5		
71	56	Mark Caldwell	M	Individual		07:00.4	06:08.8	05:55.3	06:01.7	06:01.2	05:52.5	01:08.1	38:07.9		
72	205	Paul Mark James Donaldson Horwood Shore	R	Relay	Cisco UK&I Collaboration	07:08.9	05:52.5	06:00.7	06:01.1	05:54.8	06:02.0	01:13.0	38:12.9		
73	40	Claire Ryan	F	Individual		06:58.8	05:59.6	05:56.6	05:52.8	06:03.5	06:04.9	01:17.3	38:13.3		
74	212	Russell Richard Ian Lane Jubb Snadden	R	Relay	Too INcredible...	05:59.7	05:06.0	05:06.8	05:12.3	05:19.5	05:18.8	01:07.5	38:20.0	05:09.5	7 laps
75	214	Greg Keith Martin Page Heron Hardy	R	Relay	The Fact Hunts	06:53.3	06:09.4	06:01.4	06:05.1	06:17.0	05:59.1	01:11.0	38:36.3		
76	227	Kevin Jeremy Ian Turland Palmer Gore	R	Relay	Quintiles Finance Odds & Sods	07:10.4	05:55.3	05:56.2	06:01.8	06:17.9	05:57.0	01:21.2	38:39.8		
77	34	Deborah Mudge	F	Individual		07:39.1	05:40.5	06:56.5	05:37.5	05:46.0	05:48.1	01:14.5	38:42.2		
78	57	Jonathan Nuttall	M	Individual		07:02.0	06:02.2	06:02.9	06:08.3	06:06.1	06:12.9	01:14.0	38:48.3		
79	70	Nicola Goy	F	Individual		07:21.9	06:13.4	06:03.9	06:01.1	05:57.9	06:04.9	01:12.0	38:55.1		
80	20	David Andrews	M	Individual		07:03.7	06:02.3	06:05.6	06:06.7	06:11.3	06:22.8	01:15.1	39:07.6		
81	13	Karl Evans	M	Individual		06:55.3	06:18.4	06:17.5	06:04.2	06:02.7	06:08.6	01:24.6	39:11.2		
82	218	Tracy Paul Alan Jenkins Hoad Howells	R	Relay	Team Applied	06:30.5	05:56.8	06:06.4	06:35.5	06:32.6	06:29.3	01:01.4	39:12.5		
83	43	Chris Knowles	M	Individual		07:15.9	06:39.9	05:55.4	06:04.6	06:04.9	06:02.4	01:21.5	39:24.5		
84	65	Peter Livesey	M	Individual		07:14.9	06:10.8	06:11.6	06:21.3	06:10.6	06:21.4	01:26.4	39:57.0		
85	69	Darren Chapple	M	Individual		07:49.5	06:20.6	06:08.0	06:15.1	06:13.8	06:19.2	01:12.7	40:19.0		
86	207	Maria Andrew Caroline Efstathiou Noller Warman	R	Relay	Cameo	07:01.9	06:17.8	06:21.1	06:29.9	06:27.0	06:20.7	01:21.0	40:19.4		
87	243	Daniel Graham Ben Pringle Jones Trimble	R	Relay	Olympic Dreams	07:16.0	06:25.1	06:23.2	06:24.0	06:23.1	06:33.9	01:17.6	40:43.0		
88	236	Joanna Phillip Calum Aherne Benett Pratt	R	Relay	FW - Fresh Meat	06:56.8	06:40.1	06:49.9	06:46.1	06:52.5	06:31.7	01:06.9	41:43.9		
89	48	Nigel Townley	M	Individual		07:13.5	06:34.6	06:36.1	06:40.7	06:39.0	06:47.1	01:16.1	41:47.2		
90	51	Susannah Earl	F	Individual		07:42.7	06:38.1	06:32.3	06:59.0	06:24.8	06:33.8	01:13.2	42:03.9		
91	72	Liam Sharp	M	Individual		07:27.2	06:24.0	06:37.4	06:42.9	06:47.8	06:47.3	01:28.8	42:15.4		
92	74	James Sutton	M	Individual		08:51.3	06:33.5	06:26.7	06:08.3	06:35.3	06:23.1	01:31.1	42:29.3		
93	237	Graham Graeme Chris Muse Newbold Dummett	R	Relay	Lloyds TSB HTOs	07:11.9	06:28.8	06:54.0	06:39.5	06:58.7	07:00.4	01:22.7	42:35.9		
94	239	Alexander Robert Nicolas Crane Hansen Edet	R	Relay	Langley B	07:30.1	06:42.4	06:36.7	06:51.4	06:52.7	06:58.1	01:16.3	42:47.7		
95	8	Kevin King	M	Individual		08:07.2	06:49.0	06:45.4	06:48.5	06:35.8	06:45.4	01:22.4	43:13.8		
96	23	Jose Manuel Blasco	M	Individual		07:46.7	06:48.2	07:03.0	07:02.7	06:51.3	06:47.4	01:12.7	43:32.1		
97	220	Heidi Vida Karen Strickland-Clark Bennett Burles-Nash	R	Relay	Fasttrack Fitcamp	08:06.8	06:55.2	06:56.1	06:53.4	06:57.3	07:06.0	01:23.0	44:17.8		
98	201	Gina Kirsty Abigail Arnett Palmer Cox	R	Relay	The Powerpuff Girls	08:16.9	07:01.9	07:03.5	06:55.6	06:58.7	06:56.5	01:16.1	44:29.2		
99	46	Zach Dorman	M	Individual		07:57.6	06:53.5	06:58.0	06:55.9	07:06.3	07:11.5	01:27.3	44:30.1		
100	19	Peter Wagner	M	Individual		07:59.0	07:14.4	07:06.6	07:03.8	07:25.4	07:01.9	01:18.8	45:10.0		
101	54	David Cockbill	M	Individual		08:14.5	07:08.6	07:05.3	07:06.2	07:10.3	07:08.9	01:23.9	45:17.8		
102	213	Gerald Georges Gordon De La Pasqua Lalaly Pickwell	R	Relay	Woosehill Dads	08:06.7	06:05.8	09:04.1	07:19.9	06:58.8	06:45.1	01:13.0	45:33.3		
103	244	Tim North	R	Relay	Team Eptica 2	07:57.4	07:10.2	07:16.1	07:12.7	07:26.8	07:30.2	01:26.3	45:59.7		
104	232	Thomas Joy Keith Grant Clarke Gilmour	R	Relay	Gilmour Girls	08:10.1	07:07.7	07:36.7	07:01.6	07:38.4	07:04.6	01:26.7	46:05.8		

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105	69	Darren Chapple	M	Individual		07:49.5	06:20.6	06:08.0	06:15.1	06:13.8	06:19.2	01:12.7	46:35.0	06:16.0	7 laps
106	63	Anna Hodson	F	Individual		08:24.4	07:15.5	07:18.9	07:25.4	07:15.4	07:27.4	01:29.3	46:36.4		
107	3	Jayesh Lad	M	Individual		08:41.2	07:50.7	07:50.7	08:05.6	07:57.9	08:13.1	01:51.2	50:30.5		
108	1	Jemima Pellatt	F	Individual		07:06.0	06:15.4	06:37.3	06:28.9	06:22.3	17:56.3	01:32.4	52:18.7		
109	244	Tim North	R	Relay	Team Eptica 2	07:57.4	07:10.2	07:16.1	07:12.7	07:26.8	07:30.2	01:26.3	53:14.5	07:14.8	7 laps
110	241	Catherine Jana Katie Cole Finch Penfold	R	Relay	Disco Ninjas	09:43.8	08:14.4	08:27.1	08:42.7	08:16.9	08:33.1	01:40.7	53:38.7		
111	45	Michael Higgin	M	Individual		06:54.0	06:14.7	06:02.9	05:55.4	17:31.9	16:56.5	03:07.8	1:02:43.2		
112	215	Sally Karen Ann Hurry Bureau Duncan	R	Relay	Three Amigos 1	10:33.3	10:45.7	10:33.1	11:13.7	11:43.5	11:41.3	02:11.2	1:08:41.8		
DNF	26	Craig Astill	M	Individual		05:45.2	04:41.9	04:50.5	04:48.6	04:54.2		01:03.8	26:04.2		5 laps
DNF	16	Helen Mccready	F	Individual		07:19.2	05:53.7	06:00.6	05:56.3	05:48.4		01:34.8	32:33.0		5 laps
DNF	24	Paul Chapman	M	Individual		07:15.6	06:27.7	06:34.6	06:24.9	06:19.9		01:16.6	34:19.3		5 laps